



Spring 2024



the Stethoscope

A newsletter of the Frederick Health Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: www.frederickhealth.org
Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

Auxiliary President's Message

Harriet Brown

Happy Spring!!!! I hope everyone is enjoying all the green from the rain we have received this spring, and now the beautiful warm weather!!! You deserve it!!

As I write my last article as President of the Auxiliary, I would like to thank you for all your support the last two years. I truly have enjoyed meeting and talking with many of you concerning our volunteer experiences. I appreciate all your input in helping me understand what you do in your service area and in helping me accomplish things for you as volunteers and the Frederick Health community. You all are amazing in the time and talents you give to the auxiliary and to Frederick Health staff, patients, visitors and customers at the Gift Shop, Fundraising events and Select Seconds!!! You all exemplify this quote by Nelson Mandela, "There can be no greater gift than that of giving one's time and energy to help others without expecting anything in return. Frederick Health Auxiliary will be holding our annual membership meeting and luncheon on Thursday, June 27 at Ceresville Mansion. This luncheon is open to all active volunteers who have worked 24 hours or more by May 1 and Past Presidents of the auxiliary. More information on this event will be sent out on Sign up Genius in May. I hope to see many of you there!!!!

Have a wonderful, fun-filled, and well-deserved summer and thank you again for all the time you give to the Frederick Health community!!!



At the March 19, 2024 Auxiliary Board meeting, the budget was approved.





Dear Friends,

Spring is fully upon us, and we are all ready for warm and sunny days. I hope you can enjoy time with your friends and family or travel somewhere relaxing. With the first part of 2024 in the books, I'd like to share some recent updates.

As you may be aware, we recently unveiled our new year-long "Get Back" surgery campaign. Collaboration and teamwork are central themes of this campaign, which debuted in late March, and focuses heavily on our proven surgical excellence, quality care, and innovative techniques. There will be billboards, videos, social and digital media, print ads, transit ads and more appearing in the community to help increase awareness of the amazing work that our team does every day. Throughout this campaign, the Auxiliary will be vital to its ongoing success. Your continued support, from smiling faces at the front door to assisting the surgical team, helps this community to stay healthy and get back to doing what they love.

I'd also like to share that Frederick Health was named a winner of the Frontline Excellence Award, presented by the Frederick County Chamber of Commerce in conjunction with Frederick County First Responders, for our shared response to the COVID-19 pandemic. This award will be presented later this month at an event in Brunswick. The pandemic highlighted the need for timely, local, informed care. We had to put our fears aside and work through dynamic conditions to help keep this community healthy. We are honored to be recognized for this award.

Finally, I'd like to remind you that from May 12 – 18, we will be celebrating Healthcare Week. Healthcare Week is a time for laughing, sharing, and remembering our shared efforts. Every year, we take this week to celebrate every team member's contributions, regardless of your role. Throughout the week there will be fun contests and prizes. Please know that I appreciate the part the Auxiliary plays in making Frederick Health a leader in healthcare. We've become a destination for excellent care when it matters the most, and you are a big reason for that success.

In conclusion, our continued success is only possible with your ongoing dedication and participation. On behalf of the entire Senior Leadership team, thank you for all you do.

Kind regards,

A handwritten signature in black ink that reads "Thomas A. Kleinhanzl".

Tom Kleinhanzl
President & CEO
Frederick Health

Message from Director of Volunteer Services

Erin Betz

First and foremost, I want to thank you all for the warm welcome I received since I started as your new Director of Volunteer Services here at Frederick Health! It has truly been a pleasure getting to know you all and I appreciate your patience while I learn names, responsibilities, and processes. Your giving spirit is not only admirable, but inspirational as well. Thank you for your gift of time and talent!

We are always looking for new volunteers and volunteer opportunities. In addition to the ICU, I am working with the Stockman Cancer Institute to increase the volunteer presence there as well. We hope to increase the Pet Therapy program with our friends from Wags for Hope too. If you have friends or family that are interested in volunteering, send them our way!

I am collaborating with Carlo Alfano to bring you quarterly educational series on topics that you have expressed interest in. The sessions will likely be in-person with an option to either join virtually or receive the information afterwards electronically. Being a big fan of continuing education, this is something I am excited to offer and hope you all will enjoy as well. Additionally, Care Patrol will be hosting a Lunch & Learn for Auxiliary members on Thursday, May 9th to learn more about navigating the complex world of care options for you or loved ones including independent and assisted living, and state or federally funded programs including Veterans benefits. There will be a sign up as space is limited. Details coming soon.

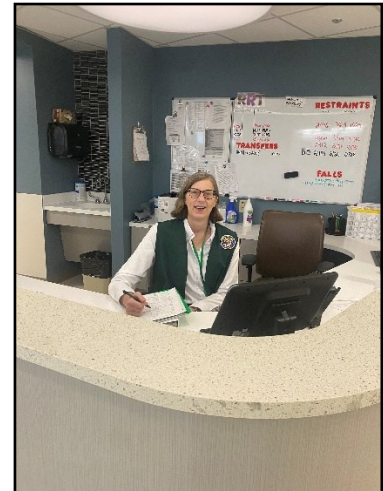
Lastly, we will be celebrating National Volunteer Week the week of April 22nd. You will be receiving more information in the mail, so be on the lookout! We appreciate what you do to support Frederick Health and the community we serve.

SAY HELLO TO OUR NEWEST VOLUNTEERS:

Neil Donnelly, Behavior Health
Barbara McHugh, Information Desk
Abi Olajire, Pastoral Care
Larry Schaffert, Select Seconds
Dennis Staley, Stockman Cancer Institute
Lora Wilhite, Information Desk
Thomas Wright, Pastoral Care

ICU Volunteers are back!

We are excited to share that there are volunteers back in the Intensive Care Unit. The nursing team appreciates the help of the volunteers which includes managing the flow of visitors into the unit as well as supporting family and friends of ICU patients.



Jamie Rausch,
Volunteering in ICU

welcome
TO THE
TEAM

Fundraising

Joe Collins

Welcome to another fun year of vendor sales. We started 2024 with a new vendor – Uniform Village, all the way from Cumberland, Maryland, with a successful January sale. We finished the winter season with sales by D & D Designs Jewelry, the \$7 Everything Sale and Silver Events, with all three vendor sales at both the hospital and Village locations.

With Spring finally pushing the snow and cold winds aside for the beautiful flowers and warm breezes, we are looking forward to an exciting slate of upcoming vendor sales. We started spring with Mindy's Jewels (April 5th & 6th), followed by the popular MMG Gifts for three days (April 24th, 25th & 26th). We are looking forward to Lancaster Linens (May 15th & 16th), and concluding with Silver Events (June 25th & 26th). All sales will split their time between the hospital and Village locations.

The second half of the year will see another six vendor, multi-day sales, so don't dismay if you miss any of the earlier sales.

Vendor sales are very popular with the hospital staff and provide them with the opportunity to purchase a wide variety of quality merchandise without leaving work. They provide a source of funds for the Auxiliary and provide a unique opportunity for volunteers to interact with the hospital staff. Vendor sales have payroll deduction for the staff which requires volunteers to work the sales and complete those sales transactions utilizing payroll deduction. The Quick Charge System is simple to operate for processing payroll sales. Volunteer work shifts are 2 ½ to 3 hours, so if you have a few spare hours, would like to help with fundraising and meet members of the hospital's wonderful and dedicated staff, we invite you to join the fundraising team. At the same time, you will have first crack at the wide variety of unique, reasonably priced items offered for sale by the vendors.

As always a big thank you to the dedicated members of the fundraising team who operate the Quick Charge and thank the hospital staff for their support.



Recruitment & Appreciation

Ellen Noland

The **Recruitment and Appreciation Committee** has booked the show 'Jersey Boys' at Toby's Dinner Theater for August 28th. It is a matinee showing with a buffet lunch. Jersey Boys features music from the Four Seasons. We are chartering a bus for transportation to and from the show. Seats are limited to twenty. There will be more information forthcoming.

Save the date of September 23rd for the fashion show.

Our new Director of Volunteers, Erin Betz, is looking into places we may want to visit to recruit new volunteers. Erin will be working with the R&A committee on this endeavor.



Gift Shop

Sharll Hane

Spring is here and the flowers are in bloom. Come by the Gift Shop and see what we have. Volunteers get 10% off gift items and jewelry. The Gift Shop is currently open only Monday through Friday 8:30 am to 7:30 pm. We would love to add weekend hours for the gift shop for those visiting on weekends. If anyone is interested in working at the Gift Shop, contact Erin Betz in the Volunteer Office.



Select Seconds

Pam Schaffert

Spring has sprung!

Please let your friends and family know that Select Seconds has recently been restocked with fresh spring and summer merchandise. The store displays will provide lots of ideas for your wardrobe and your home. There is much to choose from, and as you know, we get some very unique items you will not find elsewhere.

KUDOS! A big thanks to our volunteers who prepared for, worked the day of, and restocked and cleaned the store after our recent bag sale held in March. We could not have done it without the help and dedication of our volunteers!

ACE CLUB EVENT: Frederick Health sponsored a private “sip ‘n shop” event for their members at Select Seconds on April 3rd from 4:30am-7:00pm.

DONATIONS WANTED: Currently, we are in short supply of spring and summer clothing, jewelry, accessories, housewares, and home décor. We also welcome out-of-season clothing and other items that we can store away until the next season.

STORE HOURS: Mon-Fri 10am-4pm and Sat 11am-4pm; we are also open on First Saturdays until 8pm.

For the latest on Select Seconds, follow us on our Facebook page @SelectSeconds.



Volunteering in the recently expanded and remodeled **emergency department** is a rewarding and challenging assignment. This role serves a range of people, including patients, staff, and patients' families, while freeing up the doctors, nurses, and ED assistants to focus on other tasks. Your responsibilities vary so the assignment remains interesting. This may include making the patient comfortable by giving them a pillow or talking with the patient while they are awaiting evaluation and treatment. The patient or the patient's family may ask you to reach out to a nurse or doctor with a question. Restocking the linen carts and cleaning and remaking the stretcher linens is a task that prepares the room for the next patient. The Nurses may ask you to assist with different tasks. It is always a gratifying experience to assist with the release of a patient. Helping patients and the family members or friends of patients who are experiencing a stressful day is an important assignment. If you are interested in volunteering in the Emergency Department, please contact Emma Main or Erin Betz.

Recognition

Presidential Lifetime Achievement Awards



Pamela Schaffert with Ellen Noland



Ken Michaels with Ellen Noland



Sewing Auxiliary Member Marilyn Moser Reaches a Milestone:

With 14,000 hours to date, Marilyn Moser recently earned the distinct honor of receiving another ‘bar’ to represent this major milestone. It demonstrates her strong commitment to supporting the Auxiliary’s mission with her donation of an extraordinary number of service hours as she produces walker bags, knitted baby hats and blankets, and assists with ‘Alzheimer’ busy aprons.

Volunteers are an integral part of Frederick Health organization’s mission, and our “Thanks” goes to Marilyn for the impact she is making!

Volunteer Awards:

Michele R. Krantz	2,000 hours
Suzanne E. Fiorvanti	500 hours
Susan Brooks	500 hours
Patrick E. Eckenrode	4,000 hours
David J. Guiney	500 hours
Mary Sivinski	3,000 hours
William Woodcock	6,000 hours
Susan A. Carmack	500 hours
Ken Michaels	5,000 hours
Pamela Schaffert	5,000 hours



Frederick Health Auxiliary Invoice

2024 Annual Dues

Dear Auxiliary Member,

It's time to pay your Auxiliary annual membership dues of **\$10.00** for the membership period July 1, 2024, through June 30, 2025. Payment is due by August 1st.

If you joined the Auxiliary and paid dues on April 1, 2024, or later, you are paid up until June 2025 and can disregard this notice. **If you are a lifetime member, please disregard this notice.**

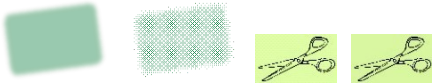
Please note that if you are on a leave of absence, you still must pay your dues on time.

Active members are members who actively volunteer at a facility or at home. **Supporting** members pay dues to support our mission but do not volunteer; they receive our newsletter and invitations to events including our annual picnic. (*Excluding the Annual Membership Luncheon)

The Auxiliary has administrative costs which are covered with our dues funds.

Please fill out the form below and return it along with your payment. This same form will be available in the newsletter and in the volunteer office..

NOTE: THERE WILL BE NO MEMBERSHIP INVOICE MAILED TO YOU THIS YEAR



Frederick Health Auxiliary Dues for period of July 1, 2024 to June 30, 2025

Complete this form, and mail to/drop off at the Volunteer Office with payment

Annual dues are **\$10** per volunteer, due by August 1, 2024. Checks preferred, do not mail cash.

Make checks payable to: Frederick Health Auxiliary

Mailing address: Volunteer Office, Frederick Health Hospital
400 West 7th Street,
Frederick, MD 21701
Attn: Kathy Soria

Questions? Email Kathy Soria, Membership Secretary at kmdsoria@comcast.net
or call the Volunteer Office at 240-566-3567.

(If you are paying for yourself and a spouse or other family member, you may use one form and provide both names)

Your Check # _____ Your Check Date: _____

1. Volunteer Name: _____ **Amount Paid:** _____

Please check one: ___ **Active** Member (Volunteering) ___ **Supporting** Member

2. Volunteer Name: _____ **Amount Paid:** \$ _____

Please check one: ___ **Active** Member (Volunteering) ___ **Supporting** Member

Frederick Health Auxiliary
400 West Seventh Street
Frederick, MD 21701

Nominating Committee _____ **Emma Main**

The Nominating Committee proposes the following slate of nominees for the open Frederick Health Auxiliary offices for the period of July 1, 2024 through June 30, 2026. This will be voted on at the Annual Auxiliary meeting on June 27, 2024. Nominations may be made from the floor at the Annual Auxiliary Meeting however, written consent of a proposed nominee who must be an active member and must be received prior to the Annual Auxiliary Meeting

The Proposed Slate of Nominees are:

President	John “Hamp” Tisdale Currently serving as President-Elect
President Elect	Cathie Deadrick Patient Safety Committee
Treasurer	Corey Rabideau Currently serving as Deputy Treasurer
Corresponding Secretary	Theresa Strasberg Gift Shop

All nominees are Active Members of the Frederick Health Auxiliary

Thank you,

Emma Main, Chairperson Nominating Committee